



CHECK IN & RACE DAY REGISTRATION

Follow signs to check-in area.

- 8:00 a.m. Check in/register
- Pick-up your number, t-shirt, and goodie bag (if pre-registered)
- 8:30 a.m. Warm-ups with Dr. Bill Rosenthal
- 9:00 a.m. 5K (3.1 Miles) race begins
- 10:00 a.m. 1 Mile RUN/WALK begins
- 10:30 a.m. Music/Entertainment
- Awards Ceremony
- Giveaways and Raffles
- Face painting/tattoos
- Refreshments

Bagels, fruit and water supplied for all Runners/Walkers
Scoring by Elite Racing System
www.eliteracingsystems.com

THE ROUTES

All races begin and end at the Joseph St. Lawrence Center/Torne Valley Sports Complex
Directions: NYS Thruway north - to exit 15A. At bottom of ramp turn right onto Rt. 17 towards Suffern (Rt. 59). After crossing bridge, turn left onto Torne Valley Road (sharp left, almost U-turn) Follow road to sports complex on left side.

For questions contact Rosy McCann 914 414-3069



5K RUN - 1 MILE FUN RUN - FUN FOR THE WHOLE FAMILY

5K RUN FEES \$ 20 (for all participants)
1 Mile RUN/WALK FEES \$ 10 for Adults - \$ 5 for Students

5K RUN 1 Mile FUN RUN/WALK AMOUNT ENCLOSED: \$ _____
(1 entry per person, form may be duplicated) M F

Name _____

Address _____

City _____ State _____ Zip _____

Telephone (_____) _____ Age _____ D.O.B _____ / _____ / _____

School _____ Grade _____

Can't make Race? consider a donation FAMILY SPONSORSHIP \$50 or BOOSTER \$25
and see your name on the race day signs _____

T-SHIRT - ALL PREREGISTERED PARTICIPANTS WILL RECEIVE A SHIRT

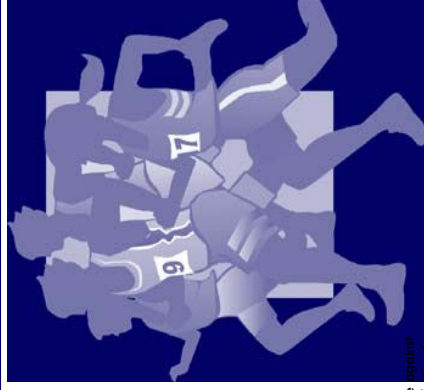
Youth: Medium Large X-Large
Adult: Small Medium Large X-Large

TO REGISTER BY MAIL :

MAKE CHECKS PAYABLE TO: REACH FOUNDATION
MAIL TO: P.O. BOX 760, TALLMAN, NY 10982

TO REGISTER ONLINE GO TO: www.reachfoundation.org

All proceeds benefit the
Ramapo Central School District
teacher grants and student scholarships



In consideration of this entry being accepted, I hereby for myself, my heirs, executors and administrators, waive any claim that I may have against the sponsors, race committee or their representatives, successors or assignees, Reach Foundation, Town of Ramapo Parks and Recreation, Town of Ramapo Police Department, Town or Ramapo or their representatives, successors or assigns for any injuries that may be suffered by me in this event. I certify that I am in good physical condition for this event. By participating in the 5K Run, or 1 mile run/Walk, my executors and administrators or assigns do hereby release and discharge the Reach Foundation, its officers, agents and employees from any liability arising from the use of the participant's photograph(s) and I expressly agree to allow Reach Foundation to use my photograph in connection with any advertisement of this event or any future events of the Reach Foundation without payment of any compensation or remuneration.

Signature _____ Date _____

PRE-REGISTRATION
DEADLINE:
JUNE 1st

